| Anima Dike Tour Toscana  www.bike-tour-tuscany.com | ANIMA TOSCANA SRL VIALE DELL'ARTIGIANATO, 2ì 53100 SIENA (SI) C.F. E P.IVA 01376870521 PEC: animatoscana@legalmail.it | DESTINATARIO:   |
|--|---|-----------------|
| PRICE PER PERSON IN DOUBLE ROOM:                   | TIPE OF CYCLIST:  | DURATION:       |
| FROM <b>790,00</b> €                               | ACTIVE RIDER  | 5 DAYS/4 NIGHTS |

# THE VIA FRANCIGENA, FROM LUCCA TO SIENA SELF-GUIDED

Four days bike trip to discover the Via Francigena from Lucca to Siena, from Piazza dell'Anfiteatro to the beautiful Piazza del Campo, in the hearth of Siena. You will cycle through country roads and woods, always surrounded by the typical Tuscan hills. You will also have the opportunity to visit the beautiful medieval villages of San Gimignano and Monteriggioni. A bike trip in the heart of Tuscan culture, following part of the ancient pilgrimage roads that connected Siena and Rome.

Once you arrive in Siena you can decide to complete your pilgrimage, cycling the whole Via Francigena route from Siena to Rome.

### **ITINERARY**

## Day 1 - Benvenuti in Toscana

Individual arrival, dinner on your own and accommodation in 4 stars hotel located at Lucca.

| HOTEL      | INCLUDED MEALS | OPTIONAL ACTIVITIES |
|------------|----------------|---------------------|
| Hotel ☆☆☆☆ |                |                     |

# Day 2 - From Lucca to San Miniato, 50 km - Elevation gain: 390 meters

- ✓ Meet and greet with our staff after breakfast, you'll receive all the informations to complete the bike trip along the Via Francigena and collection of the luggages.
- ✓ First stage quite easy where you can find the challenging part only at the end, we suggest to enjoy the city center of Lucca before to complete the bike ride.
- ✓ The first part of the stage will be almost flat and the point of interest are represented by the numerous historical and religious buildings you'll find along the route, like the Pieve di Capannori and the town center of Altopascio.
- ✓ From Altopascio the cycle path follows the walking route until Galleno and once crossed the Arno river, you will take a short uphill direction San Miniato.

Dinner on your own and accommodation in 4 stars hotel located in San Miniato.

| HOTEL      | INCLUDED MEALS | OPTIONAL ACTIVITIES |
|------------|----------------|---------------------|
| Hotel 分分分分 | Breakfast      |                     |

# DAY 3 - FROM SAN MINIATO TO SAN GIMIGNANO, 43 KM - ELEVATION GAIN: 820 METERS

- ✓ From San Miniato you will cycle towards the Val d'Elsa, where a long flat road will take you to the town of Castelfiorentino.
- ✓ You will then complete a first climb direction Gambassi Terme, where we suggest a break before the final part of the stage. You can also take a relaxing break at the thermal baths of the Via Francigena.
- ✓ A challenging climb will take you up to San Gimignano, always accompanied by the extraordinary beauty of the views of this sector of Via Francigena, with the medieval towers as a backdrop to your ride.

Dinner on your own and accommodation in 3 stars hotel located in the town center of San Gimignano. 4 stars hotel available on request with extra charge.



| HOTEL     | INCLUDED MEALS | OPTIONAL ACTIVITIES |
|-----------|----------------|---------------------|
| Hotel 本本本 | Breakfast      |                     |

## DAY 4: FROM SAN GIMIGNANO TO SIENA, 52 KM - ELEVATION GAIN: 790 METERS

- ✓ The first part of the route will be very panoramic, you will cycle surrounded by vineyards, leaving San Gimignano behind. After an up and downroad you will arrive in Poggibonsi, where begins a climb to reach the town of Colle Val d'Elsa.
- ✓ You will reach Strove and the monastic complex of Abbadia a Isola, a Benedictine monastery founded at the beginning of the year 1000. The following segment of road will take you to Monteriggioni, one of the most beautiful and intact walled towns in Tuscany.
- ✓ Cycling along the gravel roads of the Montagnola Senese you will reach Porta Camollia, the traditional access to Siena and the north entrance of the city.
- ✓ «Cor magis tibi Sena pandit» Siena opens a heart bigger than the door you are crossing.
- ✓ Take your time to visit the wonderful medieval city center and enjoy a tuscan dinner in one of the restaurants of the city center.

Dinner on your own and accommodation in 3 stars hotel located just outside the city center of Siena. 4 stars hotel available on request with extra charge.

| HOTEL     | INCLUDED MEALS | OPTIONAL ACTIVITIES |
|-----------|----------------|---------------------|
| Hotel 本本本 | Breakfast      |                     |

### **DAY 5: ARRIVEDERCI TOSCANA**

Check-out and individual departures, otherwise you can add more days at your stay and visit this beautiful city or complete the Via Francigena route to Rome.

# WHAT'S INCLUDED:

- √ 4 NIGHTS STAY WITH BREAKFAST IN DOUBLE ROOM
- ✓ MEET & GREET, BRIEFING WITH OUR STAFF ON DAY 2
- ✓ BAGGAGE TRANSPORTATION BETWEEN THE HOTELS
- ✓ Maps and information for your daily stage in PDF file
- ✓ GPX TRACKS FOR GPS SYSTEM
- ✓ PHONE ASSISTANCE BY ANIMA TOSCANA STAFF

## **NOT INCLUDED:**

- ▼ Medical baggage insurance
- ▼ Tourist city tax

# **OPTIONAL SERVICES (PRICES ON REQUEST):**

- MEDICAL BAGGAGE INSURANCE
- BIKE GUIDE
- Van support during your daily stage
- BIKE RENTAL (MTB OR E-BIKES)
- ➢ GPS RENTAL
- TRANSFER HOTEL SIENA TO LUCCA, AIRPORT, TRAIN STATION OR OTHER HOTELS



#### **BIKE SUGGESTED**

The Via Francigena route presents gravel roads and short parts off road, we sugget to use MTB and E-MTB.

### **HOW TO REACH LUCCA?**

You can reach Lucca by car, park the car at the train station, the price is 10 € per day. The first hotel is located very close the train station. Otherwise you can arrive by train, some regional trains allow the transportation of the bikes with an extra charge.

### **HOW TO COME BACK FROM SIENA?**

You can come back by train or use our private transportation service. You can also decide to don't sleep in Siena, visit the city center and back with our van.

| TOTAL PRICE: 00000 | RIEPILOGO IVA  |
|--------------------|--|
| Valid offer :      | 0% - Regime speciale (Art. 74-ter del Dpr n.633/72)      |
|                    | – DM n.340/1999 – Operazione con IVA assolta. La fattura |
|                    | non costituisce titolo per detrazione IVA                |

#### **DATES OF PAYMENT:**

- 25 % Deposit until
- Final payment until

#### **CANCELLATION POLICY**

a) Cancellation until 31 days the date of the arrival: 25% of the total amount

b) From 30 to 21 days: 50% of the total amount c) From 20 to 0 days: 100% of the total amount

### **NOTE**

If not included in the price, it is possible to stipulate, at the time of the booking, an insurance for expenses due to accidents and baggage loss.

Attention: Participants must travel with their individual passport or other document valid for all the countries touched by the itinerary. The informations provided in this contract must be the same of the documents used during the trip.

## **GENERAL INFORMATIONS:**

<u>Luggage transfers:</u> please drop your luggage at the reception by 9.00 am. Your luggage will be transferred by the Anima Toscana team every day and will be ready for you in the hotel for the check-in time.

Luggage must be closed with zips/ buckles/straps so that no clothes or other objects can be taken out. It is not permitted to carry liquids or food in unsealed packages.

<u>Assistance during the trip:</u> during the meeting with our staff an emergency number will be provided, also active on Saturday and Sunday.

Please use this phone number to immediately report inefficiencies, problems on the bikes or during the tour. In case of minor problems, which does not compromise to complete the daily stage, we suggest to report this at the end of the ride so we can intervene promptly.

<u>Travel documents:</u> The final itinerary, hotel vouchers, GPX tracks and maps in PDF format will be only sent after the final balance of the package, approximately 7-10 days before the arrival.

## **CONTACTS**

E-Mail: info@animatoscana.it Tel. +39 3288264014

